Vision

Our vision is of a society where no person impacted by parental alcohol misuse will be left unsupported.

Mission

We work to achieve this vision by destigmatising the experience of growing up with parental alcohol misuse in Ireland; by increasing a better understanding of the adverse impact of this experience on emotional and mental health; and working to enhance supports to those who have lived, or are now living with, parental alcohol misuse.

Values

Silent Voices adheres to the values of Alcohol Action Ireland (AAI) by:

- Providing a positive and collective message that avoids any judgement or interpretations of blame, guilt or pressure on the individual.
- Using evidence-based arguments.
- Prioritising the public good.
- Acting with Integrity, honesty and transparency.
- Being a trusted source of information.
- Having a commitment to long term public health objectives.
- Working in partnership.

What we will do:

1. **Raise awareness of the impact of parental alcohol misuse** through advocacy, education and information. This includes:
   - Personal testimony.
   - Sharing experiences.
   - Signposting and listing resources.
2. **facilitate a better understanding of parental alcohol misuse** by providing information and insight to the following groups:
   - Health professionals and practitioners.
   - Media.
   - Parents.
   - Policy-makers.
   - People who have contact with children.
   - Volunteers.

3. **Enhance services for children and adult children of parental alcohol misuse** by working in partnership to initiate, develop or contribute to:
   - Research.
   - Fundraising.
   - Development of online information and literature supports.

**Governance of Silent Voices.**

The work of *Silent Voices* will be informed by an Advisory Group, agreed with the Board of Alcohol Action Ireland (AAI), and will comprise the following:

- Adult children who have grown up with parental alcohol misuse.
- Academic/policy advisors.
- Clinical advisors.
- A Board member and CEO of AAI.

Secretariat and operational support for *Silent Voices* will be provided by AAI.

Funds raised for *Silent Voices* will be restricted to support the work of the *Silent Voices* initiative.

**January 2019**