



***An initiative of Alcohol Action Ireland***

## **Vision**

Our vision is of a society where no person impacted by parental alcohol misuse will be left unsupported.

## **Mission**

We work to achieve this vision by destigmatising the experience of growing up with parental alcohol misuse in Ireland; by increasing a better understanding of the adverse impact of this experience on emotional and mental health; and working to enhance supports to those who have lived, or are now living with, parental alcohol misuse.

## **Values**

Silent Voices adheres to the values of Alcohol Action Ireland (AAI) by:

- Providing a positive and collective message that avoids any judgement or interpretations of blame, guilt or pressure on the individual.
- Using evidence-based arguments.
- Prioritising the public good.
- Acting with Integrity, honesty and transparency.
- Being a trusted source of information.
- Having a commitment to long term public health objectives.
- Working in partnership.

## **What we will do:**

- 1. Raise awareness of the impact of parental alcohol misuse** through advocacy, education and information. This includes:
  - Personal testimony.
  - Sharing experiences.
  - Signposting and listing resources.

2. **facilitate a better understanding of parental alcohol misuse** by providing information and insight to the following groups:
  - Health professionals and practitioners.
  - Media.
  - Parents.
  - Policy-makers.
  - People who have contact with children.
  - Volunteers.
  
3. **Enhance services for children and adult children of parental alcohol misuse** by working in partnership to initiate, develop or contribute to:
  - Research.
  - Fundraising.
  - Development of online information and literature supports.

### **Governance of Silent Voices.**

The work of *Silent Voices* will be informed by an Advisory Group, agreed with the Board of Alcohol Action Ireland (AAI), and will comprise the following:

- Adult children who have grown up with parental alcohol misuse.
- Academic/policy advisors.
- Clinical advisors.
- A Board member and CEO of AAI.

Secretariat and operational support for *Silent Voices* will be provided by AAI

Funds raised for *Silent Voices* will be restricted to support the work of the *Silent Voices* initiative.

**January 2019**