

# Alcohol:

A drain on the  
Irish economy

Alcohol  
Action  
Ireland

Pre-Budget  
2026  
submission

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## About us

Alcohol Action Ireland (AAI) is the national independent advocate for reducing alcohol harm. We campaign for the burden of alcohol harm to be lifted from the individual, community and State, and have a strong track record in effective advocacy, campaigning and policy research.

Our work involves providing information on alcohol-related issues, creating awareness of alcohol-related harm and offering policy solutions with the potential to reduce that harm, with a particular emphasis on the implementation of the Public Health (Alcohol) Act 2018. Our overarching goal is to achieve a reduction in consumption of alcohol and the consequent health and social harms which alcohol causes in society.

Alcohol Action Ireland directors:

- Pat Cahill, former President ASTI (Company Secretary)
- Aidan Connaughton, Chartered accountant, former partner and head of risk, Grant Thornton
- Paddy Creedon, Recovery Advocate
- Dr Eoin Fogarty, Consultant in Emergency and Retrieval Medicine
- Michael Foy, Head of Finance, Commission for Communications Regulation
- Prof Jo-Hanna Ivers, Associate Professor, Addiction: Public Health & Primary Care, Trinity College Dublin
- Prof Frank Murray (Chair) Consultant in Hepatology & Gastroenterology. M.B., B.Ch. B.A.O., M.D., F.R.C.P.I., F.R.C.P. (Ed)
- Dr Mary T. O'Mahony, Consultant in Public Health Medicine & Medical Officer of Health, Department of Public Health, Public Health Area D (Cork & Kerry)
- Dr Catriona O'Toole, Associate Professor/Senior Lecturer Psychology of Education, Maynooth University
- Dr Bobby Smyth (Vice Chair), Consultant Child & Adolescent Psychiatrist

Patron: Prof. Geoffrey Shannon

Alcohol Action Ireland is a registered Irish charity  
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 CHY: 15342

# Summary of recommendations

## Fiscal measures

### Affordability

AAI recommends that the government increase excise duty by at least 15% to bring this back to their 2014 level and going forward that alcohol excise duty should be automatically linked to the Consumer Price Index.

### Industry levy

Give consideration to developing a new 'polluter pays' alcohol levy system with funding raised to be ringfenced for alcohol harm reduction strategies.

### MUP uprating

MUP should have a mechanism for automatic uprating with inflation otherwise it will lose its public health value. There is also scope to consider that any such increase could be constructed as a levy with the income going to government to pay for alcohol harm reduction as opposed to profit to retailers.

### Advertising tax relief

Alcohol is no ordinary commodity; it is a depressant drug with significant health implications for those who use. The advertising or marketing of this harmful product should not be provided with tax relief by government.

### VAT

VAT on alcohol should remain at the standard rate.

## Other recommendations

### Treatment services

Funding must be provided to the HSE to develop its own treatment services that are trauma-informed, holistic and widely available at the time of need. A target of increasing alcohol services by 20% each year for five years should be set. €20 million annual cost.

Provide funding for Alcohol Care Teams within all major hospitals and linked to community services. Such teams are a proven cost-effective approach to providing much needed interventions for people with entrenched problem alcohol use. As a first step, provide €350,000 annually to Beaumont Hospital to develop a pilot programme.

### HSE Alcohol Programme

The budget of the HSE Alcohol Programme should be increased by 20% each year over the next five years to help it achieve its stated aims of reducing alcohol consumption in the country, reducing health inequalities, and protecting people from alcohol related harm.

### Hidden Harm

Dedicated funding must be provided to HSE and Tusla to give the national Hidden Harm framework - that recognises the adverse childhood experience of growing up with parental problem substance use - momentum and urgency.

### Youth mental health

An immediate top-up of funding, separate to the existing budgetary allocation, of €25m should be provided for further implementing Sharing the Vision.

Separate funding of no less than €25m should be provided immediately for resourcing organisations in the community and voluntary sector that provide mental health supports and general youth support services, as these are key to prevention and early intervention.

# Alcohol: A drain on the Irish economy



Amount raised in excise duty on alcohol products: **€1.2bn**



Cost of harm caused by alcohol: **€12bn**



NET **€10.8bn loss**

## The burden of alcohol on government and society

Alcohol is no ordinary commodity. It is intoxicating, psychoactive, carcinogenic, mood-altering and dependence producing. There are a wide range of harms from alcohol that burden government systems and finances including in health, social care, justice system and the workplace.

Alcohol causes multiple illnesses and deaths and 11% of the healthcare budget is being used for alcohol-related illnesses and injuries with 1,500 hospital beds in use every day in relation to alcohol.[1] Indeed, one in 20 deaths in Ireland is caused by alcohol,[2] it causes multiple illnesses including liver disease and cancers and is responsible for one in eight breast cancers in Ireland. Alcohol is involved in half of all suicides and one in three self-harm presentations,[3] and is a commercial driver of crime, including crimes such as domestic, sexual, and gender-based violence.[4]

The OECD estimates that for Ireland the costs are of the order of about 1.9% of GDP[5] which tallies with research cited by the World Health Organisation that in high-income countries alcohol harm amounts to up 2.5% of GDP.[6] For Ireland that would equate to approximately €9.6bn-€12bn annually. Against that, alcohol excise duties raise only €1.2bn annually. This is why Ireland must take a public health approach to taxation, one that recognises and accounts for the heavy burden alcohol places on public finance and spending.

A recent study found that more than half of deaths in Ireland are caused by four



harmful commodities: tobacco, alcohol, fossil fuels, and unhealthy foods,[7] while a study in the Lancet found that the same four industries are responsible for at least a third of global deaths per year.[8] The paper carries a call to action for governments to invest in a world where human and planetary health is always prioritised over profit, recommending that in the face of industry actors that cause harm to health and society, governments “can and must act to improve, rather than continue to threaten, the wellbeing of future generations, development, and economic growth.”.[9]

### Alcohol and global tariffs

In recent months there have been significant concerns about the impact of possible international trading tariffs which may be introduced at varying levels for multiple products which are traded, including alcohol. While it is not possible to predict the outcome of current trading negotiations it certainly makes sense for the Irish government to do everything possible to protect the Irish economy.

An important element in this is to consider the cost of alcohol to the economy and the need to reduce alcohol consumption so as to reduce those costs. It is also important to realise the full potential of revenue sources to mitigate against decreases in other tax areas such as corporation taxes.

Increasing alcohol excise duties addresses both of these concerns.



## Fiscal measures

### A public health approach to alcohol taxation

National and international expert groups including the Commission on Taxation and Welfare, the OECD and the World Health Organisation have pointed to the powerful role that alcohol taxation can have in reducing the public health burden from alcohol.[10] However, for taxes to be effective they need to keep pace with inflation.

There are jurisdictions throughout the world who take this approach. For example, in Australia, alcohol taxes are revised twice annually in line with inflation.[11] Over the past decade tobacco duties in Ireland have consistently risen each year in line with public health interests. Indeed, in Budget 2025 a packet of 20 cigarettes increased by €1 (including VAT) with a pro-rata increase on other tobacco products.[12]

The price of a pack of 20 cigarettes now stands at €18.05, with a tax content of €14.27 split between €10.89 of excise duty and €3.38 in VAT – representing approximately 79% of the price.[13] The positive impact of this government policy together with implementation of the Tobacco Free Ireland programme is clear from the reduction in smoking across the population – currently 18% of the population smoke compared with 22% in 2012.[14]

In contrast, however, there has been no change in alcohol excise duty rates in the past decade, with the proportion of the price of alcohol due to taxation decreasing. Indeed, alcohol excise duty as a percentage of the State's total tax take has also decreased – from 2.8% of net receipts in 2014, to 1.1% in 2024.[15] One outworking of this difference in approach to excise duties is that today, fewer than 5% of 15- to 17-year-olds are smokers compared with around two thirds who consume alcohol,[16] bearing in mind that it is illegal to sell either product to under-18s.

### Affordability of alcohol is a key driver of alcohol harm

Research from the University of Sheffield indicates that shop-bought alcohol today is around the same price that it was 20 years ago, with the introduction of Minimum Unit Pricing in 2022 only bringing it back to 2003 levels.[17] As of 2024 it is 85% more affordable than in 2003. Even alcohol bought in the on-trade is 24% more affordable than it was two decades ago.

The alcohol industry argues vociferously against any increase in alcohol duties and actually proposes decreasing them.[18] They point to lower levels of duties

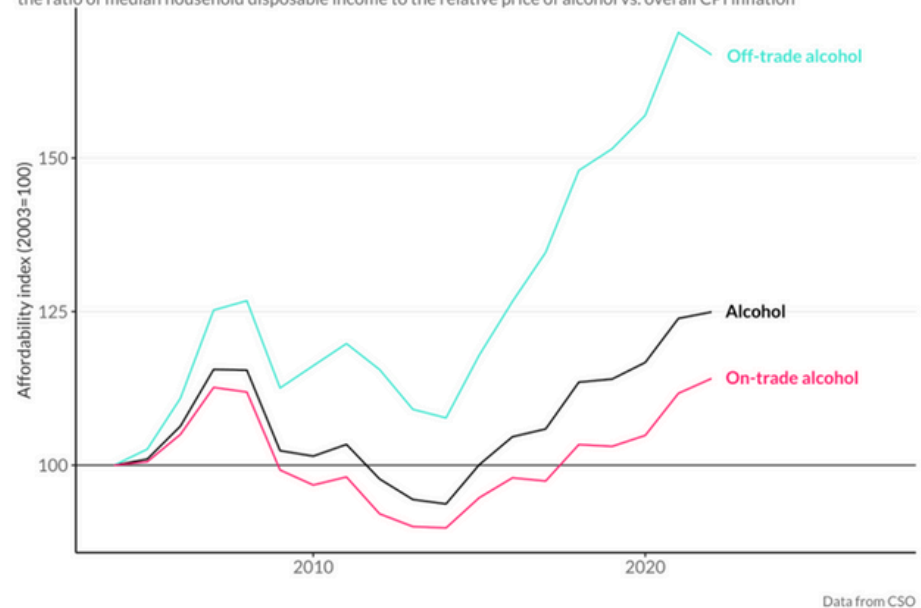
in some countries in the EU.[19] However, the OECD has found that Ireland's alcohol is the second most affordable within OECD members and has the highest level of affordability for young people aged 16-24 years.[20] The net result is that alcohol is Ireland's cheapest and most widely available drug.

### The price of shop-bought alcohol hasn't changed in 20 years



### Off-trade alcohol has become much more affordable in the last decade

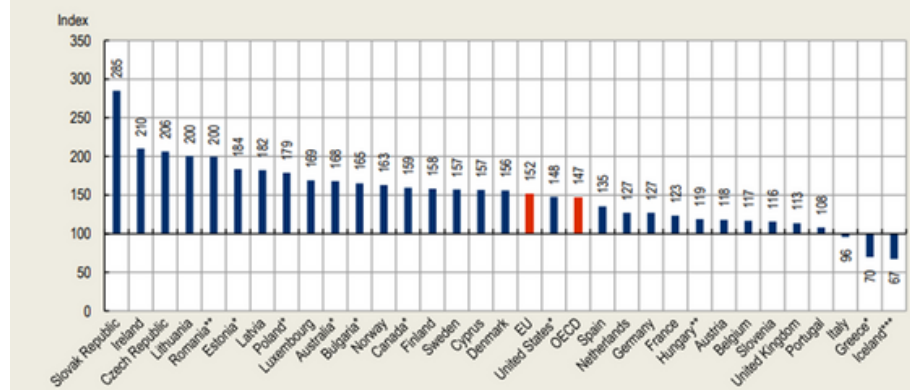
Alcohol affordability in Ireland since 2004 (higher = more affordable). Affordability is calculated as the ratio of median household disposable income to the relative price of alcohol vs. overall CPI inflation



The alcohol industry likes to point to other taxation which they pay such as VAT and employment taxes. However, all industries pay these, and it is important to

**Figure 1.6. Trends in alcohol affordability 2000-18 (or earliest and latest year)**

Alcohol affordability index (index year 2000 = 100)



distinguish between health harming products such as alcohol and tobacco and regular commodities. The imposition of excise duties is a reflection of their specific harmful nature.

There are multiple benefits in increasing alcohol taxation. Reducing consumption leads to a reduction in alcohol harms. One example of this is that there is clear evidence from research in EU countries that a 10% increase in the price of alcohol leads to a 7% reduction in road deaths.[21]

The media and politicians consistently overestimate the public appeal of freezing duty. Most people would prefer alcohol duty to be uprated rather than other taxes. In the UK a YouGov poll by The Times in 2023 found that the government's decision to freeze alcohol duty was the least popular measure in the Autumn Statement.[22] Only 38% of people supported the decision to freeze duties, with 47% of the public saying it was the wrong priority for the country. Similarly in Ireland, polling has shown strong support for fiscal measures to address alcohol harm with minimum unit pricing being supported by the public.[23]

If rates continue to be reviewed on an annual basis, they will be subject to political pressures to introduce cuts and freezes. Therefore, in line with strong international evidence, duty should be automatically uprated in line with inflation or earnings every year, with a comprehensive review taking place every 5-10 years. This will somewhat remove the politicised nature of the decision and lessen the influence of industry lobbying.

## Recommendation

AAI recommends that the government increase excise duty by at least 15% to bring this back to their 2014 level and going forward that alcohol excise duty should be automatically linked to the Consumer Price Index.

### Ring-fenced levy on alcohol industry

Beyond alcohol duties there is a need to consider other ways to ensure that the alcohol industry pays for the harm caused by its products, for example by a levy system. Such a levy has also been recommended by the Oireachtas Committee on Justice in its pre-legislative scrutiny of the Sale of Alcohol Bill.[24]

A similar Social Impact Fund is also included in relation to the gambling industry within the Gambling Regulation Act 2024 for the purposes of financing research and information, education and awareness raising measures, and appropriately supporting problem gambling treatment activities by relevant health professionals.

There are multiple ways in which such a levy could operate with examples from other countries available such as New Zealand in which their Health Promotion Agency sets the rate of the levy annually.

One approach is by placing direct levies on the sale of alcohol. Recognising the scale of purchase between the on-trade (63.5%) and the off-trade (36.5%),[25] AAI proposes that placing a social responsibility levy of 1% on the on-trade, and 2% on the off-trade should be examined.

In addition, there should be an appropriate revised fee/levy placed on the applicant and holder of any alcohol license. Such a fee should not be seen merely as an administrative function but rather an acknowledgement of the cost of alcohol to the State.

## Recommendation

Give consideration to developing a new 'polluter pays' alcohol levy system with funding raised to be ringfenced for alcohol harm reduction strategies.

### MUP uprating

Minimum Unit Pricing (MUP) was first proposed in 2013 but not implemented until 2022. Clearly its value has been eroded in that time. This is very evident as indicated by the Sheffield affordability report which shows that the introduction of this measure only brought shop-bought alcohol prices back to their 2003 level. While control of this measure lies with the Minister for Health, AAI believes that the Department of Finance should work with the Department of Health to encourage an increase in MUP.

## Recommendation

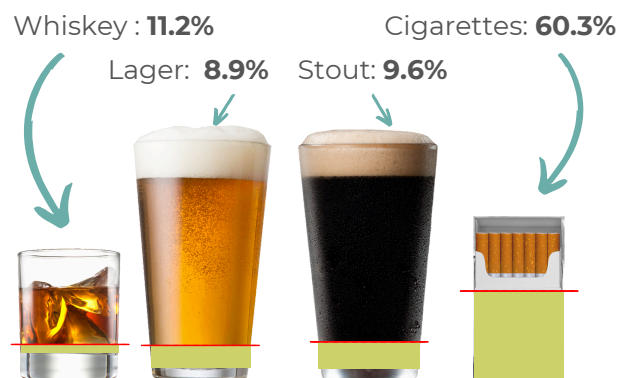
MUP should have a mechanism for automatic uprating with inflation otherwise it will lose its public health value. There is also scope to consider that any such increase could be constructed as a levy with the income going to government to pay for alcohol harm reduction as opposed to profit to retailers.

### VAT on alcohol

There have been calls from the drinks industry for a reduction in VAT levels on hospitality. Historically the government has ensured that any reduction in VAT rates for restaurants has not been applied to alcohol. AAI recommends that VAT on alcohol should remain at the standard rate.

## Recommendation

VAT on alcohol should remain at the standard rate.



Source: <https://assets.gov.ie/static/documents/tsg-24-08-general-excise.pdf>

### Excise duty

Excise on pub-bought alcohol v cigarettes as percentage of the price

### Public health approach to advertising tax relief

Alcohol is no ordinary commodity; it is a depressant drug with significant health implications for those who use. The advertising or marketing of this harmful product should not be provided with tax relief by government.

Alcohol is not a staple, it is not a necessary purchase, therefore a market must be created for it – and new drinkers must be recruited to create and expand that market. Moreover, the purpose of marketing is to create a need or desire for a product and thereby increase alcohol consumption. Indeed, research and systematic reviews have reported a positive association between exposure to alcohol marketing and alcohol consumption.

There is also extensive and robust evidence that children who are exposed to alcohol marketing are more likely to start drinking as children and if already drinking to consume more. While there have been some modest decreases in youth drinking in Ireland, at least 50,000 children start drinking every year.[26] Starting to drink alcohol as a child, which is the norm rather than the exception in Ireland, is more likely to lead to heavy episodic drinking and is a known risk factor for later dependency. The situation is further compounded by the fact Diageo is currently the Number 4 broadcast advertiser to children in Ireland.[27]

Despite the known association between alcohol and a wide range of harms that burden government systems and finances including in health, social care, the justice system and the workplace, promoting alcohol qualifies for tax relief.

## Recommendation

Alcohol is no ordinary commodity; it is an intoxicating, psychoactive, carcinogenic, mood-altering and dependence producing drug with significant health implications for those who use it – one in 20 deaths in Ireland is caused by alcohol,[28] 1,500 hospital beds are in use every day due to alcohol,[29] it is responsible for liver disease, causes cancer and is responsible for one in 8 breast cancers,[30] alcohol is involved in half of all suicides and one in three self-harm presentations,[31] and is a commercial driver of crime, including crimes such as domestic, sexual, and gender-based violence.[32] Indeed, the harms of alcohol cost the state, i.e. the taxpayer, €12bn per year. Therefore, the advertising of the product or its manufacturing should not be provided with tax relief by government.



## Spending measures

### Treatment services

15% of the population in Ireland has an Alcohol Use Disorder – that’s around 600,000 people, 90,000 at a severe level.[33] Yet in 2023 only 8,164 alcohol treatment cases were provided.[34] Given the scale of alcohol problems there is a particular need for timely and accessible treatment which can be provided in the community. Around 60% of cases are treated on an outpatient basis, but more is needed. In addition, almost all residential alcohol treatment services are outsourced by the State.

AAI contends that the State must develop its capacity for services that are trauma-informed, guided by national standards and fully accessible to those in need. A target of increasing alcohol treatment presentations by 20% annually for a five-year period should be set. Taking a figure of 20% of the current funding to HSE Addiction Services and HSE Section 39 funding, this suggests an increase of €20 million each year to be directed towards alcohol services.

Investment in State-run treatment services that are trauma-informed, holistic and accessible to all at time of need is required. Funding must be provided for alcohol care teams linked to all large hospitals which would assist in providing much needed interventions for people with entrenched problem alcohol use. As a minimum, funding of €350,000 annually should be provided to fully develop the programme at Beaumont Hospital which could be a pilot for similar schemes.

## Recommendations

Funding must be provided to the HSE to develop its own treatment services that are trauma-informed, holistic and widely available at the time of need. A target of increasing alcohol services by 20% each year for five years should be set. €20 million annual cost.

Provide funding for Alcohol Care Teams within all major hospitals and linked to community services. Such teams are a proven cost-effective approach to providing much needed interventions for people with entrenched problem alcohol use. As a first step, provide €350,000 annually to Beaumont Hospital to develop a pilot programme.

## HSE Alcohol Programme

The HSE Alcohol Programme aims to reduce the consumption of alcohol and improve the health of the entire population. To achieve this it combines best practice, research and proven policy in services. This coordinated effort seeks to reduce alcohol harm and makes the best use of all available resources and expertise.

Indeed, such measures and approaches are needed as much as ever because, despite recent reductions in alcohol consumption volumes in Ireland, drinking levels and patterns remain problematic, especially when measured against modest government and HSE targets. There is still a high level of consumption across the population, at 9.49 litres per capita over the age of 15 years.[35] This is nearly 5% above the modest reduction target of 9.1 litres per capita which was set by government in 2013, to be achieved by 2020.[36] Very concerning it is 35% above the level if the adult population who consume alcohol stayed within the current HSE lower-risk drinking guidelines.[37] These guidelines are acknowledged as being very high compared to other jurisdictions and are currently being examined for revision.

In particular, there is a need for the Alcohol Programme to be funded in a way which empowers it to push back against the might of the alcohol industry, and for it to be the go-to authoritative and evidence-based resource for information on alcohol. As it stands, the alcohol industry is spending in the region of €116 million annually on alcohol advertising [38], promoting its products as risk free and essential to everyday life – this is the scale of the environment which the Alcohol Programme is trying to counter.

## Recommendation

The budget of the HSE Alcohol Programme should be increased by 20% each year over the next five years to help it achieve its stated aims of reducing alcohol consumption in the country, reducing health inequalities, and protecting people from alcohol-related harm.

### **Adverse childhood experience – 1 million adults affected**

The impact of alcohol on the family is extensive and growing up in a home where there is parental problem alcohol use (PPAU) has been recognised internationally as an adverse childhood experience (ACE) for over 20 years.[39]

Adverse childhood experiences can lead to mental health issues like anger, anxiety and emotional pain as well as leading to risky behaviours such as problem substance use, eating disorders and suicide attempts/suicide. A comprehensive national strategy document, the Hidden Harm strategy, makes it clear that children and young people affected by parental problem substance use must be supported in their own right so that better outcomes are achieved by them and their families. However, it's not clear what kind of funding is dedicated to this issue.

It requires an action plan that should be publicly available, with clear targets, timeframes and funding. PPAU is sadly also a gateway to multiple other ACEs such as domestic violence, sexual abuse or the loss of a parent at a young age. Given that PPAU is very likely one of Ireland's most common ACEs, it is vital that government seeks to offset the damage it causes. The fallout from ACEs across the lifespan costs Ireland 2% of GDP. As the authors of a European-wide cost analysis point out: "Rebalancing expenditure towards ensuring safe and nurturing childhoods would be economically beneficial and relieve pressures on health-care systems.".[40]

## Recommendation

Dedicated funding must be provided to HSE and Tusla to give the national Hidden Harm framework - that recognises the adverse childhood experience of growing up with parental problem substance use - momentum and urgency.

## Youth mental health

AAI supports the calls from mental health advocates to invest in prevention and early intervention youth mental health services. In 2023, the United Nations Committee on the Rights of the Child (UNCRC) published its concluding observations in relation to Ireland, urging the State “to ensure the availability of therapeutic mental health services and programmes for children”.[41]

## Recommendations

As per recommendations from the Joint Committee on Children, Equality, Disability, Integration and Youth on accessing child and adolescent mental health services and dual diagnosis: an immediate top-up of funding, separate to the existing budgetary allocation, of €25m should be provided for further implementing Sharing the Vision.[42]

Separate funding of no less than €25m should be provided immediately for resourcing organisations in the community and voluntary sector that provide mental health supports and general youth support services, as these are key to prevention and early intervention.



10% increase in price of alcohol  
=  
7% reduction in road deaths

**In Ireland in 2024, that's 12 people**

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Alcohol Action Ireland,  
Coleraine House,  
Coleraine Street,  
Dublin 7,  
D07 E8XF

[alcoholireland.ie](http://alcoholireland.ie)  
[admin@alcoholactionireland.ie](mailto:admin@alcoholactionireland.ie)  
[@AlcoholIreland](https://www.instagram.com/AlcoholIreland)