## Health Promotion Department, HSE South



Working in Partnership to reduce alcohol related harm

## We all need to take responsibility...

• Talthough drinking is a personal act and an individual responsibility, it is also a behaviour shaped by our societies for which society as a whole has a responsibility of it is thus counterproductive to formulate health policy responses exclusively for the individual.+

Dr. Gro Harlem Brundtland,

Former Director General of the World Health Organisation

## Overview

- Evolution of the Club Cork project and the development of additional regional projects in the HSE South area
- Partnership Actions / initiatives undertaken
- Community Mobilisation efforts
- Next Steps . building on our experience to date

#### Club Cork developed as a Local Response

HSE in partnership with An Garda Sìochàna and Local Publicans and funded by the Cork Local Drugs Task Force

#### Aim

To increase awareness amongst staff and management of the negative consequences of alcohol and drug misuse and to explore / identify possible solutions to deal with such issues effectively







Local Publicans

## Programme Development

**Planning** Phase One A steering group of relevant stakeholders Consultation **Phase Two** With target groups to identify training needs **Training Phase Three** Planning, development and delivery Ongoing evaluation **Evaluation Phase Four** 

# Benefits of Training for the Participants

- Increased ability to identify drug & alcohol issues
  - (a) Intoxication
  - (b) ID issues / underage drinking
  - (c) and to prevent situations arising
- Increased knowledge of the Licensing laws
- Increased knowledge of the impact of alcohol and drug misuse on the individual and wider society
- Social Responsibility heightened awareness around the responsibilities as a server of alcohol in preventing intoxication and drug use in their venue and wider community
- Skills –responding and handling difficult situations such as conflict or drunkenness.

## Logistics

- Facilitators: Health Service, Gardaì and security personnel
- Target Group : Management and staff of licensed premises
- Methodology: Interactive and participatory
- Duration : Flexible













# The Big Picture









#### Participants review the Club Cork programme

'It heightens awareness and improves overall image and running of the bar trade

More
knowledge &
training
amongst
staff should
lead to a
better
environment'



'It is important that there is communication within the entertainment industry and related professions

'It helps to hear other bar peoples experiences and I can implement some ideas'

'It increases awareness and promotes a stronger focus on working practices'

To increase Cork wide knowledge base and better management of clubs'

#### **Evaluations**

Evaluation 1. Included as part of NDST evaluation of all interim funded projects nationally 2007

Evaluation 2. Focused evaluation on the Club Cork model commissioned by the HSE- 2008

Responsible Serving of Alcohol- an evaluation of the Health Service Executives Club Cork and Smart Serve initiatives in the Cork region+

Dr. Frank Houghton & Dr. Eleanor Fitzmaurice, Irish Centre for Research on Applied Social Studies, Limerick Institute of Technology

## Key Recommendations

- Results indicated strong local support for the Club Cork project
- Clear partnership model of the project was seen as key
- Excessive alcohol consumption was noted as the priority issue for venues
- ■The pivotal importance of including the local gardaì in promotion and delivery could not be underestimated particularly for roll out of the regional projects in more rural areas
- Retail sector seen as a crucial gap
- Mandatory RSA training widely supported by respondents /some further exploration needed on how that would be implemented
- •Co-ordination needed between national programmes to prevent duplication.

## Club County Cork / Club Kerry funded by the Southern Regional Drugs Task Force

- Rural Focus / Different Needs
- Local Steering groups to prioritise and guide the projects
- Linkage with community projects and networks for promotion / local needs assessment and to develop wider remit for follow on actions
- Involvement in wider drug / alcohol prevention initiatives in partnership with the SRDTF

## Club Training being delivered in Cork and Kerry

Club Training in Listowel



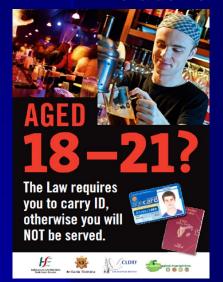


Club Training in Fermoy

## Club Project Resources



#### Posters for on/ off trade











## Follow Up -More integrated Initiatives

- Beer Mats Campaign Youghal
- Supporting communities in advance of local events / festivals
- (e.g. Cobh Regatta )
- Follow up training offered to Venues such as Basic Life Support Holiday Information and Awareness Campaign e.g. Fermoy Initiative
- Pubwatch / Business watch schemes
- Support of National and Local campaigns such as Dial to Stop a Drug Dealer and Cocaine Awareness Campaign
- Provision of wider community and professional training



## What is Community Mobilisation?

local awareness of how alcohol related harm affects their community and to mobilise a local response to these issues.

#### This can

- Reduce alcohol related harm
- Reduce acceptability of public drunkenness
- Support other measures at community level
- Enhance partnerships and networks
- Provide support and care for affected individuals

## **Local Examples**

- Cobh Regatta experience. Co. Cork
- Castleisland Youth Forum . Co. Kerry
- Cork City Cares Cork City

Club Health- European Project

## **Cobh Regatta**

Aim: to ensure a safe and successful regatta August 2011

- Local Committee established including local publicans
- Involvement of local gardaì and local community projects
- Information and Awareness Campaign developed in advance using local media
- Links with Local Schools and input through SPHE programmes
- No One agency / community ownership

## Castleisland Youth Interagency Forum

- Aim to reduce alcohol and drug related harm in the community
- Build capacity to respond amongst a wide range of individuals, agencies and organisations in the community
- Membership (HSE, Gardai, Youth Organisations, Family Resource Centre, Local Development Company, Travellers Development project)

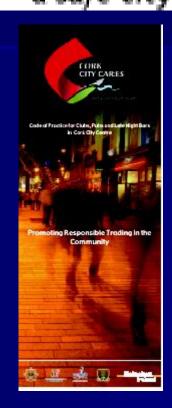
#### Castleisland Action Plan 2011-12

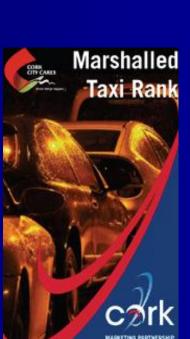
- Community Awareness
   Parents Workshops on drugs and alcohol awareness
- Prevention and Education
   Training on Alcohol and Drug Issues for all Forum Members
- Supply Reduction, availability, enforcement RSA training through Club Kerry for local venues and off licences,
  - Links with HSE pharmacy liaison
- EvaluationReview the progress to date



## CORK CITY CARES a safe city project

















#### Some of the aims

- Engage and involve a social partnership with all players and stakeholders in city centre night time operations
- Drive, monitor and acknowledge responsible trading / serving and good practices across all commercial activities in the centre at night, licensed premises, off licences, retails, transport providers dance and music venue

### Some of the Objectives

- Reduce alcohol related crime in Cork City
- Reduce A/E alcohol related admissions from Cork city centre
- Implement a communications strategy that underpins new social norms of recreation

## **Cork City Cares**

Membership
Cork City Council,
An Garda Sìochàna,
Cork Publicans and Nightclub Owners,
Cork Marketing Partnership
Heineken
And
HSE . Health Promotion Department

#### **Current Position**

Wound Up in 2011

But with

Significant achievements such as Code of Practice for venues Strong Partnerships developed

# Club Health Healthy and Safer Nightlife of Youth

"The project is co-financed by the European Commission under the Health Programme 2008-2013".





20 associated and 12 collaborating partners from 15 EU member states

Website link: <a href="http://www.club-health.eu">http://www.club-health.eu</a>

#### **Aims of Club Health**

- To promote healthier ways of life for young people with a focus on nightlife settings,
- to build capacity to develop and manage safe nightlife environment amongst all stakeholders
- To increase sensitivity of media, advertising and others to their responsibility for shaping healthy lifestyles of young people

## **Project Outline**

- Comparitive study of policies and their implementation
- Health and Safety Standards in Nightlife Premises
- Training Staff in Nightlife Premises
- City Criteria for healthy and safer nightlife
- Media Influence on Nightlife

Safer nightlife requires partnership between key agencies

Education

Communities

Transport

Criminal Justice

Licensing

Young people

**Environment** 

Health

**Local Authority** 

Nightlife Industry

Government

## **Next Steps for us**

- Build on local links developed to date and continue to work in a partnership way
- Continue to promote a community mobilisation approach to tackling alcohol related harm.
- Advocate for consultative approach to the development of a national RSA model to ensure best practice, and building on experience
- Strive to work in an integrated way with other services to maximise effort as the issue is TOO BIG for any one sector to tackle alone.

## **Further Info**

- Sandra Coughlan
- Health Promotion Department,
- HSE South,
- Eye, Ear and Throat Hospital,
- Western Road,
- Cork.
- Tel: 021 4921641