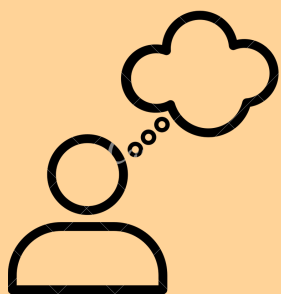


# #EndTheSilence

## FACTSHEET



**Growing up in a home with problem parental alcohol use has been recognised internationally as an adverse childhood experience for over 20 years. Studies have found that there is a serious risk that parents with alcohol problems may neglect their children.**



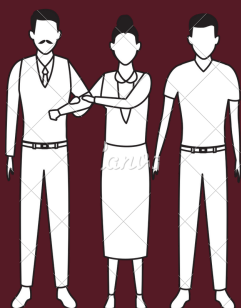
A UK survey carried out by NACOA found that adult children of alcoholics were more likely to consider suicide, have eating disorders, drug addiction, and be in trouble with the police, as well as having above-average alcohol dependency and mental health problems.



'The Untold Story: harms experienced in the Irish population due to others' drinking' revealed that one in six carers (16%) reported that children for whom they were responsible were negatively affected and experienced specific harms because of someone else's drinking.



It is estimated that there are around 400,000 people in Ireland today who are adult children from alcohol-impacted families.



Approximately 600,000 people across all age ranges in Ireland may be suffering because of the impact of alcohol harm in their family. Research shows that adverse childhood experiences (ACEs) can greatly increase the likelihood of poor physical and mental health in later life.